

# Federation Friday

Volume 1, Issue 1



**GFWC-NC is calling and I must go**

## Welcome to the FEDERATION FRIDAY Publication

**Plan to join us in Burlington on July 14<sup>th</sup> as we kick off the new administration.**

- Learn about the President's Special Project and the Director of Junior Clubs' Special Project.
- Recognize the need to take care of ourselves so we can take care of others!
- Learn about the Community Service Programs and where we are heading in this new administration.
- Learn about the "Passport to Learning—PTL" program. Will you join the group and earn the coveted Leadership Certificate of Completion.
- Join the "Girls with Pearls" Society and support our LEGACY!
- Shop from the President's Treasure Chest!
- Learn about the "Sisters of the Sea" Passport to FUN! Join the group for great FUN!
- Purchase the Women's Pins and support GFWC-NC!
- Join the Charity Miles team and help support our GFWC Partner—Shot@Life!

***"Our mission in this life is not merely to survive, but to thrive and to do so with some passion, humor and style!"***



**You are going to flip!  
Yes, you will want to  
join our team and  
help us reach our  
goal to  
"flip" over the  
moon!**

*We will be Celebrating Women in the coming administration. We will celebrate the women of today. Mothers working, teachers preparing our children, nurses and doctors caring for our families, engineers and scientists finding new answers. We will celebrate the women of yesterday. Without their forward thinking, strength of spirit and determination in the face of adversity, where would we be today? But it is important to focus on the women of tomorrow. How can we help them? What kind of world are we leaving for our future sisters? Are we building a GFWC-NC that will stand the test of time?*

***Remember these important guiding quotes!***

***"Our greatest WEALTH is our HEALTH!"***

***"We must take care of our bodies. It's the only one we have!"***

***"Health is a State of Mind—Wellness is a State of Being!"***

***"Health is like money. We never know the true value until we lose it!"***

***"The greatest gift you can give your family is a healthy YOU!"***